

# Jaleah D. Rutledge

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## EDUCATION

**Michigan State University** 2023  
PhD, Ecological-Community Psychology

Master of Arts, Ecological-Community Psychology 2020

**Tuskegee University (Summa Cum Laude)**

Bachelor of Science in Psychology 2018

Bachelor of Art in Communications 2018

## RESEARCH EXPERIENCE

HIV and Sexual Health Research Team, Department of Psychology, Michigan State University 2019- Present  
*Graduate Research Assistant*

- Advocacy and other community tactics to challenge barriers to HIV services among men who have sex with men in Africa and the Caribbean
- Oversees project progress
- Responsible for qualitative data analysis

Advancing Community Empowerment and Social Justice (ACES) Laboratory, Department of Psychology, Michigan State University 2018-2019

*Graduate Research Assistant*

- Barriers and facilitators to health care utilization among HIV positive men who have sex with men
- Responsible for qualitative data analysis
- Sedative and pain reliever misuse among heterosexual versus non-heterosexual military veterans in the United States
- Responsible for quantitative data analysis

Department of Psychology and Sociology, Tuskegee University 2016-2018

*Undergraduate Research Assistant*

- Retention at Minority Serving Institutions in higher education
- Assists with conducting data collection through surveys and focus groups
- Responsible for data analysis by using SPSS software

Department of Justice Sciences, University of Alabama at Birmingham 2016

*Undergraduate Research Assistant*

- Conducted a study on risk management behavior among women who use heroin
- Assisted with qualitative data analysis

Comparative Medicine Resource Center, Tuskegee University 2015

*Lab Assistant*

- Assisted with daily lab activities by feeding and weighing rats and running the experiment on the computer program
- Gained experience working with a lab team

## RELEVANT WORK EXPERIENCE

Office for Inclusion and Intercultural Initiatives, Michigan State University 2019- Present

*Diversity Research Network (DRN), Graduate Assistant*

- Create, manage and disseminates applications for various program participation

<ul style="list-style-type: none"> <li>• Assist program director overseeing undergraduate student assignments</li> <li>• Assist in the development of program assessment instruments using quantitative and qualitative methodology</li> <li>• Manage and maintain current statistical/qualitative information, databases, and evaluations of DRN programs and activities</li> </ul>	
Department of Psychology, Michigan State University	
<i>Instructor- Health Psychology (PSY 320)</i>	2020
<i>Teaching Assistant- Health Psychology (PSY 320)</i>	2020
<ul style="list-style-type: none"> <li>• Topic: Mechanisms that link cognition and emotions to health and the bidirectional links between the two</li> </ul>	
<i>Teaching Assistant- Introduction to Psychology (PSY 101)</i>	2019
<ul style="list-style-type: none"> <li>• Topic: Mind and behavior from biological, individual, and social perspectives.</li> </ul>	
Minority Health International Research Training Program, Rhodes College	2018
<i>Uganda Fellow</i>	
<ul style="list-style-type: none"> <li>• Developed a social medicine curriculum</li> <li>• Taught social medicine curriculum to women's health workers</li> </ul>	
Center for Health Equity, New York City Department of Health and Mental Hygiene	2017
<i>Intern</i>	
<ul style="list-style-type: none"> <li>• Developed and facilitated a framework for evaluation of New York City community health action centers</li> </ul>	
Summer Public Health Scholars Program, Columbia University	2017
<i>Scholar</i>	
<ul style="list-style-type: none"> <li>• Took Introduction to Public Health, Introduction to Epidemiology, and Health Disparities and Cultural Competence courses facilitated by Columbia University Medical Center Faculty</li> </ul>	
National Center for Bioethics in Research and Healthcare	2017
<i>Intern</i>	
<ul style="list-style-type: none"> <li>• Wrote blogs on minority health and social media posts for Facebook and twitter</li> <li>• Assisted planning the Examining Ethical and Other Considerations for a Culture of Health in the Context of the Deep South conference</li> <li>• Researched minority/majority partnership literature for a Robert Wood Johnson Grant funded research project</li> </ul>	
College of Agriculture, Environmental and Nutritional Sciences, Tuskegee University	2015-2017
<i>Undergraduate Aide</i>	
<ul style="list-style-type: none"> <li>• Guided elementary aged children in agriculture discovery and education</li> </ul>	
Minority Health and Health Disparities Research Center, University of Alabama at Birmingham	2015-2016
<i>Summer Enrichment Program Scholar</i>	
<ul style="list-style-type: none"> <li>• Reinforced scientific writing and research skills</li> <li>• Expanded cultural competency ability through relevant coursework</li> </ul>	

## **AWARDS AND HONORS**

Weill Cornell Medicine Career Advancement for Research in Health Equity Trainee	2020-2021
University of Michigan Minority Health Research Training Fellow	2020
Michigan State University, University Enrichment Fellow	2018-2023
Rhodes College Minority Health International Research Training Fellow (All expenses paid)	2018
Glorious V.I.R.T.U.E.S. Sisterhood Awardee (\$1,000)	2018
Delta Sigma Theta Sorority Inc., Tuskegee Alumnae Chapter Outstanding Senior Awardee (\$500)	2018
Alabama State License Plate Scholarship (\$4000)	2018
Orlando Clark Scholarship Awardee (\$500)	2017
Tuskegee University Eminent Scholar	2015-2018

Tuskegee University Presidential Scholar (\$29,000)	2014-2018
Tuskegee University Joint Annual Research Symposium, 2 <sup>nd</sup> Place (\$250)	2017
Benjamin F. and Mrs. Thelma Plane Payton Scholarship Awardee (\$2500)	2016-2017

### PEER-REVIEWED PUBLICATIONS

Anderson-Carpenter, K., **Rutledge, J.D.**, Mitchell, Koi. (2019). Prescription Opioid Misuse among Heterosexual versus Lesbian, Gay, and Bisexual Military Veterans: Evidence from the 2015-2017 National Survey of Drug Use and Health, *Drug and Alcohol Dependence*

### PRESENTATIONS

**Rutledge, J.D.**, (October 2020). *A Comparison of HIV Testing and Associated Characteristics Among Black Cisgender and Black Transgender Women in the United States*. Poster presented at Michigan State University AGEP Student Success Virtual Conference.

**Rutledge J.D.**, Engleton, J., Saucedo, J. (October 2020). *Where Do We Go from Here? Exploring the Role of Graduate Students in Social Justice Activism*. Roundtable presented at Virtual Midwest Eco Conference.

**Rutledge, J.D.**, Anderson-Carpenter, K., Mitchell, K. (November 2019). *Stigma and HIV Care in Suburban and Rural Midwestern Men Who Have Sex with Men: A Phenomenological Study*. Poster presented at American Public Health Association 2019 Annual Meeting & Expo, Philadelphia, PA.

**Rutledge, J.D.** (January 2019) *Development and Evaluation of A Socio-Cultural Training on Cervical Cancer and Human Papillomavirus in Uganda*. Poster presented at the Los Angeles Global Health Conference, University of California Los Angeles, Los Angeles, California

**Rutledge, J.D.** (November 2017) *Understanding Collective Efficacy and Social Cohesion as Psychosocial Determinants of Health*. Paper presented at the National Association of African American Honors Programs Conference, Atlanta, GA

**Rutledge, J.D.** (August, 2017). *Examining the Influence of Collective Efficacy and Social Cohesion on Neighborhood wide Health Outcomes in Communities of Color*. Paper presented at the Summer Public Health Scholars Closing Symposium at Columbia University, New York, NY.

Huang, L., **Rutledge, J.D.** (March 2017). *Understanding the Psychosocial Factors that Influence Undergraduate Student Retention at Tuskegee University*. Poster presented at the Joint Annual Research Symposium at Tuskegee University, Tuskegee, AL

Copes H., Marsh W., **Rutledge, J.D.** (November 2016). *Risk Management among Women Heroin Users*. Poster presented at the Multicultural Historically Black Institution Visitation Program at Purdue University, West Lafayette, IN.

Copes H., Marsh W., **Rutledge, J.D.** (July 2016). *The Impact of Disinhibitors on Risk Management among Women Who Use Heroin*. Poster presented at the Minority Health and Health Disparities Research Center Summer Enrichment Program Research Symposium at the University of Alabama at Birmingham, Birmingham, AL.

### LEADERSHIP AND COMMITTEES

College of Social Science Dean's Advisory Board on Diversity and Inclusion (DABDI), Michigan State University 2020-2021

*Graduate Student Member*

- Developing an action plan to advance diversity and inclusion
- Prioritizing and exploring areas of diversity and inclusion for deeper investigation, goal-setting, and recommendations for action
- Identifying measures of accountability to assess the achievement of diversity and inclusion goals and expectations, including mechanisms for promoting evidence-based decision making.

Ecological Community Psychology Brownbag Committee, Michigan State University 2019-2020  
*Student Representative*

<ul style="list-style-type: none"> <li>• Assists with coordinating and executing community learning sessions</li> <li>• Assists with preparing and distributing evaluation materials</li> </ul>	
Black Graduate Student Association (BGSA), Michigan State University	
<i>President</i>	2020-2021
<ul style="list-style-type: none"> <li>• Maintain the organizational and structural tasks of the association</li> <li>• Serve as the BGSA voice during meetings with other organizations, departments, etc.</li> <li>• Delegate and ensure tasks, activities, etc. are completed</li> </ul>	2019-2020
<i>Vice President</i>	
<ul style="list-style-type: none"> <li>• Assist the President in establishing committees and appointing committee chairs and co-chairs</li> <li>• Respond to inquiries and direct to respective people</li> <li>• Update and maintain the fidelity of the BGSA constitution and leadership manual</li> </ul>	
<i>Membership and Outreach Committee Chair</i>	2018-2019
<ul style="list-style-type: none"> <li>• Attend events across campus to recruit new members</li> <li>• Provide new member information to president to update listserv</li> </ul>	
Ecological Community Psychology Social Climate and Inclusion Committee	2018-2019
<i>Student Representative</i>	
<ul style="list-style-type: none"> <li>• Developed and presented changes to student annual review process</li> <li>• Facilitated community learning session on the importance of mentoring</li> </ul>	
Delta Sigma Theta Sorority, Incorporated-Grand Chapter	2017-2019
<i>Collegiate Member, Scholarship and Standards Committee</i>	
<ul style="list-style-type: none"> <li>• Develop sorority policies and procedures</li> <li>• Manage collegiate member disciplinary appeals</li> </ul>	
Delta Sigma Theta Sorority, Incorporated-Gamma Tau Chapter	2016-2017
<i>President</i>	
<ul style="list-style-type: none"> <li>• Serve as spokesperson for the chapter and presided over meetings</li> <li>• Awarded Southern Region Chapter of the Year</li> </ul>	
University Ambassador, Tuskegee University	2016-2018
<ul style="list-style-type: none"> <li>• Conduct campus tours to assist with recruitment</li> <li>• Host esteemed university visitors</li> </ul>	
Honors Program, Tuskegee University	2015-2018
<ul style="list-style-type: none"> <li>• Sponsored a clothing drive for a local shelter</li> <li>• Participated in Costa Rica study abroad experience</li> </ul>	
President's Men and Women Leadership Program, Tuskegee University	2015-2016
<ul style="list-style-type: none"> <li>• Participated in fall leadership retreat</li> <li>• Engaged with Tuskegee University lyceum speakers on current issues facing HBCU's</li> <li>• Attended bi-weekly leadership development meetings with the university President and Chief of Staff</li> </ul>	
National Association for the Advancement of Colored People, Tuskegee University Chapter	2015-2016
<i>Health Committee Chair,</i>	
<ul style="list-style-type: none"> <li>• Coordinated clean eating challenge in conjunction with the university dining facility</li> <li>• Managed semester long discussions in dorms on how to handle stress</li> </ul>	
Liturgical Dance Ensemble, Tuskegee University	2014-2018
<i>Senator</i>	
<ul style="list-style-type: none"> <li>• Planned appearances for the group</li> <li>• Served as a liaison between the ensemble and the Student Government Association</li> </ul>	

**COMMUNITY INVOLVEMENT**

Project Sarafina Inc., <i>Board of Directors- Secretary</i>	2018-Present
Planned Parenthood Advocates of Michigan Legislative Action Team, <i>Volunteer</i>	2018- Present
Tuskegee Public School <i>Volunteer Cheer Coach</i>	2014- 2017

Gems to Diamonds Mentoring Program <i>Mentor</i>	2015- 2016
Washington Chapel, Tuskegee, AL <i>After school program tutor</i>	2014-2016
Birmingham Public Library <i>Volunteer with Senior Citizen Class: Conversation, Crafts, and Coffee</i>	2015

**MEMBERSHIPS**

American Public Health Association, Student Member  
National Society of Leadership and Success, Student Member  
Society for Community Research and Action, Student Member  
Psi Chi International Honor Society of Psychology, Member